

The Barefoot Backpacker

Unconventional Travel, Unconventional Storyteller

The Barefoot Backpacker is a non-binary travel writer, podcaster, and speaker who has visited over 100 countries and lived to tell the tale.

From facing down armed UN soldiers to being stranded at international borders without luggage (or even shoes), their stories blend humour, resilience, and the unexpected realities of travelling the world solo.

Alongside travel, they speak openly and engagingly about non-binary and asexual identity — particularly the experience of discovering both later in life. Their work explores relationships, identity, and navigating a world that doesn't always have a script for who you are.

They also perform spoken word and stand-up comedy, sharing sharp, funny, and deeply personal stories drawn from travel, identity, and everyday chaos.

Available for bookings:

- Travel and adventure storytelling
- Queer identity and lived experience
- Spoken word / comedy performance



My Content Specialisms

Travel Tales



- Border Crossing Misadventures
- 'Beyond The Tourist Brochure'
- Solo Travel, Done Differently
- Realities of Life on the Trails
- Travelling Light, Living Big

Queer Identities



- Coming Out Later In Life
- Navigating Relationships
- Travel while Queer
- Challenging Social Norms
- Kink & Identity as Asexual

Personal Storytelling & Comedy



- Teenage Diary Readings
- Poetry and Short Stories
- Awkward, Personal Storytelling
- Modern Life & Online Chaos
- Neurodiversity & Life Lessons

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